

Praises and Supplication to the Gelug Mahamudra Lineage

Namo Mahamudra-ya

Homage to *Prajnaparamita*, the great mother of all the Buddhas.

Glorious primordial Buddha, principal of the Buddha family, the spontaneous pervasive mansion of the three kayas.

I pray to the all-pervasive lord, the great Vajradhara.

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

You are the holy teacher of all the Buddhas of the three times, Dwelling in the perfect pure lands of the Buddhas of the ten directions: I pray to Manjushri whose wisdom is supreme among all Aryas.

Here in the northern land of snows,

You are a second Buddha for the preservation of the Dharma:

I pray to the most holy Losang Drakpa, Je Tsongkhapa, the perfect teacher.

You are the principal holder of the practice lineage of Lama Je Tsongkhapa, The true heart-son of Manjushri:

I pray to the great yogi, Togden Jhampel Gyatso:

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

You opened treasures like the ear-whispered lineage teachings,

By your kindness, you ripened the mindstream of fortunate disciples: I pray to holy Baso Chokyi Gyaltzen:

After having perfected the two yogic stages of Vajrayana You attained the vajra body beyond death:

I pray to the great Mahasiddha, Drup Chen Cho Dorje.

You abandoned completely the bondage of the eight worldly Dharmas (spiritual materialism),

You are the holder of the highest banner of absolute Dharma truth:

I pray to Losang Dhundub (Ensapa).

In the supreme joyful palace of the three Buddhakayas,

You are the spiritual guide who dances with saffron robes:

I pray to you, fully enlightened in one lifetime, Sangye Yeshe.

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

Knowing all phenomena, and holder of Lama Je Tsongkhapa's teachings,
You are no different than the very same holy being, omniscient Losang Drakpa: I pray to the most holy
Losang Chokyi Gyaltsen (First Panchen Lama).

Buddha's entire teachings - sutras, tantras and commentaries -
You condensed them beautifully, showing how to practise effectively: I pray to the Great Mahasiddha,
Gendün Gyeltsen.

Extracting the essence nectar of Losang Gyalwa (Tsongkhapa's) teaching, By your great perseverance,
you showed how to enjoy the practice:
I pray to you, great master Gyaltsen Dzinpa.

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

The profound and extensive Dharma essence, you taught for the fortunate ones: I pray to Tantric
abbot, Kunchog Gyaltsen.

For the benefit of all beings and the preservation of the Dharma,
You reincarnated again, graciously like the Venerable Losang Chökyi Gyaltsen himself: I pray to the
holy venerable Losang Yeshe (Panchen Losang Yeshe).

Blessed by the true Buddha, you have achieved the profound path of oral transmission: I pray to the
great Mahasiddha, Losang Trinley.

Accomplished essence of Je Losang Gyalwa's ear-whispered lineage, Practice-in-action, I pray to the
Great Siddha, Losang Namgyel.

You taught Lama Je Tsongkhapa's ear-whispered lineage teachings perfectly, without error: I pray to
the great and kind master, Kachen Yeshe Gyaltsen.

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

You spread the essence of the complete, perfect path to central and distant lands: I pray to the
Venerable Ngawang Jampa.

Glorious primordial Buddha, wearing saffron robes, You who nurtured sentient beings of Tibet and
China: I pray to Panchen Lama, Pelden Yeshe.

You have achieved the realizations of the sublime path of sutra and tantra, By your single-pointed
contemplation:
I pray to the learned and great yogi, Ngawang Dorje.

You are highly skilled in illuminating the path of Dharma, like the second Buddha himself, Especially in teaching and composition:

I pray to the venerable Ngulchu Dharma Bhadra.

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

Your compassionate eyes never close,
And your profound and immense wisdom is like Manjushri's: I pray to you, Yangchen Drubpey Dorje.

After perfecting the yoga of bliss and voidness, you have reached the palace of Zung Jug: I make requests to the great learned one and Siddha, Tenzin Tsondru.

After perfecting the realization of the profound Shunyata path, You upheld the banner of study and contemplation:

I pray to Losang Tsondru Gyeltsen.

Holding a banner which represents the three levels of Buddha's teachings, You are perfectly pure without any stains of immoral conduct:

I pray to the most holy being, Losang Donyo Drubpa.

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

You are like the second Buddha, Je Tsongkhapa, Reincarnated again as a monk in saffron robes:

I pray to the most kind and pure being, Gelek Gyatso.

In the immense and profound path that is the treasury of Dharma, You provided teaching and practice for those fortunate ones:

I pray to the most kind Guru, Ngawang Jampa.

With stainless logic and debate which clarifies our minds, You revealed the sublime path, beyond the two extremes: I pray to the skilful teacher, Jigme Wangpo.

You are the incomparable and unequalled master who explains The lineage and practice of Lord Manjushri and Tsongkhapa:

I pray to the holy Gungtang Tenpe Dronme

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

By tasting the Amrita of the Gaden ear-whispered teaching of Jamgon lama, The strength of your realization of Dharmakaya became even more powerful: I pray to the holy Konchok Gyaltzen.

You have contemplated the sacred teachings of the Gaden practice lineage, Remaining in the pristine wilderness for long periods of time:

I pray to the great Mahasiddha, Ngodrub Rabten.

Accomplishing methods of awareness on abandonment and actualizing, You showered down abundant Dharma rain of excellent explanation:

I pray to the highest Dharma teacher, Gendun Gyatso.

Your wisdom shines like the crown jewel among great masters, As your attainment of the two stages of Vajrayana is supreme: I pray to you, glorious Palden Tenpe Nyima

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

Due to the power of your loving-kindness for all sentient beings,
You upheld the banner of Lord Buddha's teachings of sutra and tantra:
I pray to Je Pabongka Dechen Nyingpo - Jampa Tenzing Trinlay Gyatso.

You propagated the holy Dharma of scripture, and the method of gaining realizations The way wished for by countless victorious Buddhas:

I pray to incomparable Yongzin Ling Rinpoche, Thubten Lungtog Namgyal Thinley.

The clear light of your holy mind - a treasure-house of second Buddha Losang Drakpa - Shines on fortunate disciplines, like myself:

I pray to my most kind root Guru, Kyabje Trijang Dorje Chang, Losang Yeshe.

**May I be blessed to cut the mental continuum of my self-grasping,
To be able to practise bodhicitta and great compassion and soon attain the highest state of
Mahamudra: the union of bliss and emptiness.**

May you bless me to develop aversion towards to samsara;
May you bless me to take upon myself responsibility for liberating all sentient beings;
May I soon achieve the unified path of common and uncommon attainments, and particularly the great path of Mahamudra.

May you bless me with the confidence to see my body and the guru's body as one;
May you bless me with the confidence to see my speech and the guru's speech as one;
May you bless me with the confidence to see my mind and the guru's holy mind as inseparable, here and now.